



## **Because YOU Matter!**

### **Trumbull County Wellness Committee Meeting Summary Wednesday, May 10, 2023**

The Trumbull County Wellness Committee met on Wednesday, May 10, 2023, in the Trumbull County Commissioners' Hearing Room, 160 High Street in downtown Warren. Those in attendance included:

Jenna Amerine, TCCHD, Chairperson  
Mitzi Sabella, Planning Commission  
Barb Vingle, Clerk of Courts  
Marge Seyer, JFS  
Mike Merk, UHC

Chairperson, Jenna Amerine, called the meeting to order at 3:05 p.m.

#### **I. Old Business**

- Local gyms and payroll deductions – Jenna Amerine will check with Chief Hickey on this matter.
- Mitzi Sabella reported that she is going to get the list of AED machines in county building from Bill Hart so we can have them check on the expiration dates on machines and tags.
- The website is up and running at <https://www.co.trumbull.oh.us/tcwellness/>

#### **II. New Business**

- Jenna Amerine reported that on the gym check-in during the Month of April There were 5 people that won the gift cards and there were 33 people registered.
- Biometric screenings will take place on May 11, 2023, in the Commissioners' Hearing Room.
- May is mental health month and there will be documents posted on the website concerning this issue.
- In June the following will be promoted: Missions drawing, Men's Health Month and National Safety Month.
- There will be a Virtual 5K health in July thru Strava, there will be gift cards for completion of 5K and for the top 3 walkers/bikers.
- Jenna Amerine said that if anyone has any flyers, health or wellness related, to give to her to have posted on the website.
- Jenna Amerine mentioned that the Warren Flea Market at the Kinsman House will begin on June 6, 2023.

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**III. Adjournment**

Next meeting will be on **Thursday June 8, 2023**, at 3:00 p.m. in the Commissioners' Hearing Room. There being no further business, the meeting was adjourned at 3:40 p.m.

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